

CORE ENERGETICS CONTRACT

2025-2026



PERSONAL INFORMATION

Date :

D D M M Y Y Y Y

Full Name : Date Of Birth :

D D M M Y Y

Full Address :

Postcode : City / Country :

E-Mail :

CONTRACT

The purpose of this document is to serve you as a guideline in relation with certain policies and procedures of the institute and its programs.

Welcome to the Institute of Core Energetics Greece

We give you a warm welcome to our training program.

It is our intention to support your development, professionally and personally, through experiences and training that our Institute offers. We hope that you find our training program challenging and enriching.

The Institute of Core Energetics Greece is an educational institution. Its mission is to provide training in Body Centered psychotherapy. We focus on the integration of body, emotions, mind and spirit. Our curriculum emphasizes the synthesis of all experience and provides a theory, technique and practice, which will integrate your learning significantly.

Our perspective is underlined by three fundamental principles: trust in the wisdom of the psycho-body, value in the intrinsic meaning of all experience, acceptance that a “community” is a space which contains and catalyzes growth.

We are committed to promoting evolutionary process as the task which, if allowed, can heal individuals and the world.

The institute is dedicated to cultivating the understanding, appreciation and valuing of all cultures, religious beliefs and sexual expressions.

It is our belief that when we embody our strength, gifts, and notion of self-responsibility, we make a big difference in our world

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1. Housing and nutrition

· Dolphin Hotel, in Kalamos, the physical space where we hold our training, is a place, which lends its services to diverse groups and it has its own policies and procedures. The food is of good quality. The rooms are simple and clean, and they are designed to house from one to three people.

In the first module, we will assign students into rooms on the basis of certain criteria. If for some reason you do not like to stay in the room you are in, it is very important that you contact us and describe your concern. If possible, we will switch your room.

· The room you are assigned in the first module may be different than that of subsequent modules. Even though the Hotel will do everything possible to offer the best accommodations to our community.

Dolphin Hotel is a safe place and its personnel are trustworthy. Nevertheless, as there are other groups occasionally housed on the premises, we suggest that any valuables are put away in your car, in your suitcase or in a case with a lock. Neither the Hotel nor the Institute will be responsible for any lost items.

All issues related with housing and nutrition will be treated through the Institute staff. All proposals and suggestions are welcome. Our wish is to give you our best services.

2. Your responsibilities as a student

- Pay your tuition on time and as agreed
- Be present at class and community events on time. Any absence needs to be communicated with the coordinator. The maximum absence that is permitted, without requiring arranging for a makeup, is one per year.
- Prepare the homework and the readings, which are assigned in every module. These assignments are designed to help you enhance and understand the topics which will be taught as you come together on the weekend.
- Abstain from using alcohol or drugs of any kind during the modules. The Institute considers the use and abuse of substances that promote unconsciousness, ungroundedness and avoidance of the self, to be a violation of the purpose of the training as well as possible violation of the rights of other students.
- You are required to be in individual therapy with a bodily focused therapist for a minimum of 24 sessions per year (we have a wide list of body-psychotherapists whom we can recommend). Inform the Institute of any changes in your address, telephone or mail.

3. Class Participation

We have three fundamental rules:

- Take care of yourself (your physical and emotional integrity).
- Take care of others (their physical and emotional integrity).
- Take care of the place and your work equipment.

As a student you are responsible for your own security. If you have physical limitations or injuries that limit your active participation in class, tell your teacher or assistant and take care of your own limits.

The Institute invites educators who are highly capable and diverse (nationally and internationally). Professors are chosen for their experience and knowledge. The different styles of these teachers are important to our school. They contribute diversity and wealth to our learning. If you would like to know more about our teaching staff, please visit our website www.coreenergeticsgreece.org.

4. Avoiding being hurt in the training groups and workshops

The fundamental objective of the Institute is to offer opportunities for learning, growth and healing. It is a space where students and teachers can explore and clarify the entire spectrum of our feelings, reactions and ways of relating. A space that invites our need for vulnerability and intimacy, a space that needs to be taken care of.

In accordance to the above, the Institute invites and encourages the experience of feelings and emotions of any nature, with the intention of repair and healing and the understanding that one is careful not to harm oneself or any other person. He or she respects the group entity in a way that promotes group integration.

At the same time, the Institute neither encourages nor permits behaviors and expressions that may cause the possible harm (physical or emotional) of any of the participants or of the group.

Attraction – sexuality

The feeling of attraction – seduction between participants when it is acted upon (including outside of group time) needs to be explained as part of the important process within the group. The objective is handling of oneself. Simply acting implies risk of recreating wounds or hurtful interactions that do not encourage a process of growth within participants or within the dynamic of the group. Thus, intimate linkage between students (sexual, friendly, etc.) needs to be shared within the group and it should be processed as part of the group's dynamics. *Sexual relations are not permitted between teachers or teachers' assistants with the students*

Conflict – Aggression

In terms of conflict – aggression, in the Institute we do not condone violence, verbally or physically, nor do we permit destruction of the facilities or equipment. We invite individuals, who are in conflict, to follow proper protocol mobilizing the energy of aggression in a way that brings no harm to oneself or to a third party, but in an intake of consciousness and healing.

Substance use and/or alcohol

As the fundamental objective of the Institute is to promote growth and expansion of consciousness, we do not permit the use of alcohol or use of drugs of any kind. If these rules are not followed, you are at risk to be expelled from the program.

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Policies of the Institute of Core Energetics – Greece regarding payments for the year 2025/6.

Please read carefully:

Training has a cost of €3,000 /year (€600 per/module + 24%VPA/VAT) for the cycle of 2025-2026. This cost may increase annually depending on conditions of the economy.

PLEASE LOOK AT THE ATTACHED CONTRACT TO BE SIGNED AND LET US KNOW OF THE PAYMENT SCHEDULE WHICH FITS YOUR NEEDS.

Payment will be made in or cash or by bank deposit. If it is paid in cash it is payable, for each of the modules, on Thursday morning before entering class or latest during the lunch break of this Thursday. This fee will be collected by the person assigned to the task by the administration.

If payment is by bank deposit, then payment should be received by the bank by closing time on the Wednesday prior to the module.

For those students who wish to make a bank transfer, we will provide a bank account for use prior to the first module.

CANCELLATION POLICY

If a student misses the module due to reasons not caused by the Institute, the payment for that module must be made on the specified date. The student must inform the coordinator and agree on how payment will be made. It is possible to make-up the module in the year following graduation without additional charge. The student is required to commit to pay in full for each module regardless of attending, or not, that particular module. The replacement of the modules is optional unless the student has reached his/her limits of absence.

Deposits will only be returned if cancellations are made 2 weeks prior to the start of the academic year.

Housing and food costs depend on the type of accommodations at Kalamos the student chooses. The cost varies from €165 to €240 per/weekend in 2025. It is necessary that payment is made at the beginning of the module, directly to the Hotel. It is not possible to make a bank transfer for this fee.

If a student fails to pay 3 tuition installments, he/she will be asked to leave the program. Occasional exceptions might be offered in case of exceptional circumstances.

We hope that this information helps you to take best advantage of your experience with us. For any clarifications, comments or suggestions, you are welcomed to contact us at assistcoreenergeticsgreece@gmail.com

Thank you and welcome!

I hereby accept that I have read and agreed with the policies and practices of the Institute of Core Energetics – Greece, as stated in this document

Signature